

Charleswood Karate FALL SCHEDULE

SEPT 6 - DEC 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:00 - 1:00 Adult all levels		12:00 - 1:00 Adult all levels			10:00 - 10:45 Kids all levels	
1:30 - HIIT Kickboxing *					11:00 - 12:30 Youth & adult all levels	11:00 - 12:30 Weapons
5:30 - 6:15 Kids All levels	5:30 - 6:15 Kids Blue to black		5:30 - 6:15 Kids White to green			
6:30 - 7:30 Youth & adult white - brown	6:30 - 7:15 Kids White to green	6:00 - 6:45 Young Tigers 4-6 year old	6:30 - 7:15 Kids Blue to black	Yoga on select nights		
7:30 - 8:30 Black belts kata	7:30 - 8:45 Youth & adult all levels	7:00 - 8:30 Weapons	7:30 - 8:30 Youth & adult			

Schedule starts Tuesday, September 6.

Four Months (Sept - Dec)	Three Months (Jan - March or April - June)	Summer Two Months (July - August)
Single (1) - \$ 280	Single (1) - \$ 210	Single (1) - \$ 120
Family of 2 - \$ 460	Family of 2 - \$ 350	Family of 2 - \$ 200
Family of 3 - \$ 560	Family of 3 - \$ 420	Family of 3 - \$ 240
Additional family member \$90	Additional family member \$70	Additional family member \$40
Daytime classes only \$200	Daytime classes only \$150	Daytime classes only \$80
Single Month \$80 ***** Drop in \$15 per class ***** Annual Fee - \$45		
Postdated cheques accepted * one per session- maximum 1/2 the fee & within one month of sign up. GST included in price. Payments to Charleswood Karate.		

Note: Class schedule subject to change based on registration and attendance.

*HIIT Kickboxing is a separate program & a 4 week cycle payment - e-mail sunnyskys@me.com

Weapons - is a separate program for 13 and older. Matayoshi Kobudo Manitoba e-mail kobudo@shaw.ca

New students should try two classes before signing up - this does not apply for Young Tigers or HIIT Kickboxing classes.

Young Tigers - is a separate program -10 class session - check on line for start and finish dates.

No classes on holidays and long weekends

Special for September - Monday & Wednesday noon classes free for the month - come out and try - starts Wednesday, Sept. 7